



**SOUTHEAST IOWA LINK (SEIL)
MENTAL HEALTH AND DISABILITY
SERVICES REGION**

DES MOINES, HENRY, JEFFERSON,
KEOKUK, LEE, LOUISA, VAN BUREN
& WASHINGTON COUNTIES

DATE	CONVENING TIME	LOCATION
March 10, 2021	1:30pm	ZOOM

**Southeast Iowa Link Governing Board Meeting
Approved Minutes**

Present: Rick Larkin, Jack Seward Jr., Marc Lindeen, Tom Broeker, Dee Sandquist, Chris Ball, Bob Bartles, Rochelle Phelps, Mark Schneider, Rynne Wood, Ken Hyndman, Sarah Berndt, Sandy Stever, Tami Gilliland, Bobbie Wulf

1. Approve Agenda

The meeting was called to order at 1:30 pm.

Motion to approve the agenda

By Marc Lindeen

Second Mark Schneider

Motion passes

2. Consider Approval of February 10, 2021 minutes

Minutes were reviewed via screen share.

Motion to approve the February 10, 2021 minutes

By Tom Broeker

Second Dee Sandquist

Motion passes

3. Update from Adult and Children Advisory Committee Members

Adult Advisory Committee talked about Senate File 526 an access center bill which shifts the operation of the center to be more like a locked corrections type service and requires physicians be involved. Access centers in rural areas won't be able to operate with those expectations. The recommendation is to oppose the bill so the current access centers can remain in operation.

Senate File 92 is a telehealth parity bill, in these pandemic times the state requires the managed care organizations to pay a rate for telehealth services the same as the rate for in person services. This bill, if passed, would require this ongoing. Insurance companies oppose this bill. The bill passed the House and has gone to the Senate who's members don't necessarily support the bill.

Optimae submitted an application to become a community mental health center (CMHC) for three counties in the SEIL Region who don't have a CMHC. The application is supported by the region coordinators of disability services. The application was submitted the Mental Health and Disability Services (MHDS) Commission in February approval. The MHDS Commission discussed the application but didn't take any action. There was opposition to expressed to commission members and by commission members of approving Optimae's application. The Adult Advisory Committee is recommending that the SEIL Governing Board express their support for the approval of the application to the MHDS Commission. The letter it should inform the commission this won't impact those opposed to the approval of the application. The state requires two levels of reimbursement for the same services. This is advantageous for CMHC's, however, Optimae gets the CMHC rates.



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The committee discussed timelessness on when the member county budgets are due to the state, which is 3/31/21 and when the region annual service and budget plan is due to the state, which is 4/1/21. This creates a struggle for region staff to get the member counties certified budgets and meet the April 1st deadline for the annual service and budget plan. SEIL could ask for an extension of the due date for the annual service and budget plan. Member county auditors could send the proposed budgets to the Ryanne as those won't change prior to the board of supervisors certifying the budget.

The Children's Advisory Committee continue to work on goals of improving capacity of board members. They continue to look for a parent of a child representative for recommendation of appointment to the SEIL Governing Board. They are also looking for a pediatrician as a member of the children's advisory board. They did look at the duties for the officers on their committee in an effort to even out responsibilities. Work continues on the asset map of children's services in the region. They reviewed and support approval of the SEIL Annual Service and Budget Plan.

This month's presentation was from Rhonda Reardon from the Iowa Department of Public Health on Project Launch, a \$3.8 million dollar grant received from the federal government. The focus is on promotion, prevention and identification of mental health issues and offers mental health consultation in early childhood which is 0-8 years old.

Rochelle Phelps with Optimae spoke on their efforts to get approval as community mental health center (CMHC). Because this was not acted on by the Mental Health and Disability Services (MHDS) Commission in February, they would like their partners in the SEIL Region to share their support of Optimae being approved as a CMHC by the commission. Children's advisory believe it would help to have a letter of support from all eight member county board of supervisors. That letter would need to be written and approved at the local level next week. A template letter was requested to be ready no later than Thursday at noon. Ryanne will draft the template letter and forward to the member county board of supervisors so they can put this on their own letter head to send to the MHDS Commission.

4. Consider Approval of Claims as per Running Totals Document- February

The report was reviewed via screen share. All reports were submitted by the member county auditors. On the spreadsheet for Des Moines County in blue font for November identifies a change in expenses for a group insurance rate reallocation. The February expenses reflect normal spending. Jefferson County still has an unresolved three cent discrepancy; this should be resolved in April. Decat dollars spent for February totaled \$750.20 which was approved in February. Fiscal agent expenditures for February match what was approved by the governing board.

Property tax revenue has started coming in. March will show a large increase of property tax revenue. No interest is reflected in the fiscal agent account for January or February. There was revenue for a reimbursement of \$19,000.00 from an interim assistance claim from the Social Security Administration.

Motion to approve claims running totals document for February

By Marc Lindeen

Second Jack Seward Jr.

Motion passes



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5. Discuss and Consider Approval of Governing Board signatory on claims

Motion to approve Tom Broeker as signatory on claims

By Jack Seward Jr.

Second Mark Schneider

Motion passes

6. Consider Approval of Claims for Fiscal Agent Account as per Claims 3-10-2021

Documents were reviewed via screen share. Mandated claims totaled \$12,459.93, expenditure claims totaled \$342,343.56, Decat Wrap claims totaled \$213.60 and total claims is \$355,017.09.

Motion to approve claims for fiscal agent account per claims 3-10-21

By Jack Seward Jr.

Second Tom Broeker

Motion passes

7. Receive and File Fiscal Agent Report- February

Revenue for February was \$19,208.00 for client care charges, which is an interim assistance reimbursement, for funding provided through supported housing. Total expenditures paid of \$335,354.80 match the amount approved by the governing board in February.

Motion to receive and file fiscal agent report for February

By Tom Broeker

Second Jack Seward Jr.

Motion passes

8. Presentation on outcome reports and data patterns of importance

The outcomes reports were provided to the governing board prior today's meeting, along with a report from Your Life Iowa regarding the calls they received. The providers have sent in a compilation of what they have done between July and December 2020. Sandy Stever is working on a utilization report using the data in our Community Services Network (CSN). This will identify what was paid for a service and number of people who utilized that service. It is important to gather data and compare to the money spent. The data will be used for contracting and to give a more complete picture of what is happening in the region. Discussed the changes in service delivery with the impact of Covid. The outcomes narrative gives a qualitative overview across programs. Claims data captures process, numbers served and cost. Data should drive the development of services. Often substance use is a primary treatment need along with mental health services. The region is charged to look at co-occurring treatment needs but funds only mental health services. Fee for service rates don't always cover the cost of a service and whole person treatment is more costly.

The last two months two providers have started entering their invoices directly into claims entry in CSN. Optime and Van Buren Job Opportunities are the two providers entering their claims and First Resources just started the process this month.

Rochelle Phelps of Optimae reported a significant increase in alcohol related arrests. This corresponds with the reports Covid has increased substance use. Rochelle has arranged more substance use evaluations in the last six month than anytime prior to this. Sarah Berndt of Transition Link reported that there is talk about thirty day treatment programs are not effective. Sarah had a jail administrator make a point that



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people going to the thirty day addiction treatment programs keep coming back. He then noted but those that go to the longer programs he isn't seeing return. There is something with the length of treatment that plays a significant role in impacting recovery. Substances cause injury the brain and it takes six to nine months for that brain to begin to heal allowing the person to be better able to overcome their addiction. The detainees we see generally come from poverty and they follow the familial history of how they deal with stressors, which is, generally using alcohol or illegal substances. The detainees Transition Link works with come with co-occurring substance and mental health issues, seldom is there a detainee with mental health treatment needs only.

9. Discuss and Consider Approval of Draft SEIL Annual Service and Budget plan

The document was reviewed via screen share. The plan identifies the good work being done by the SEIL Region and the obstacles, financing, workforce shortage and legislative implications, regions face in the work they are charged with accomplishing. Credit is given to the governing board and advisory committee members specifically due to their significant time investment. Page twenty of the document was changed to reflect advisory committees as separate adult and children's advisory committees. There was a change to the Children's Advisory Committee to list specific individuals under the correct category they represent. The official budget will be brought back to the governing board for review in April. The governing board could approve the SEIL Annual Service and Budget Plan contingent on final auditor's fund ten budgets from member counties being added to the plan. There could be an electronic vote by governing board members once the published budgets are received and input into the final plan.

Motion to approve fiscal year twenty-two SEIL Annual Service and Budget Plan to include budget information from county auditors when available

By Jack Seward Jr.

Second Tom Broeker

Motion passes

10. Discuss and Consider Approval of ETP for claims submission outside of 60 days/payment outside of 90 days to Pride Group for client ID#180981- Sandy

A provider brought to the attention of Sandy Stever that a payment for August 2020 services was never received. Sandy identified the email with the invoice was not received at her office. The provider forward the original email that was sent to verify they did invoice timely.

Motion to approve the exception to policy to Pride Group for client ID#180981

By Marc Lindeen

Second Jack Seward Jr.

Motion passes

11. Discuss notification of non-contract renewal for Mobile Crisis Response

The document was viewed via screen share. CommUnity told SEIL proving the service wasn't working from them. This provided a significant learning lesson for SEIL. The region will try to find a model better suited for rural mobile crisis response. When a person isn't willing to voluntarily participate law enforcements needs to be involved. The management team will move forward with a plan for future mobile crisis response services. The service won't be replaced immediately. The management team will talk with our partners in law enforcement to see what they need for mobile crisis response. The new request for proposal won't go out until after July first. The crisis assessment provider will be starting July first as well.



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12. Discuss legislative updates

Bills of interest included Senate File 461 which limited voting to elected officials on matters of mental health and disability services region expenditures. This bill passed the Senate.

Senate File 527 and House File 595 are bills related to making it easier to transfer money into an ABLE trust account for persons with disabilities. Both bills are still alive.

Senate File 526 is the access center bill allow for emergency detention in an access center for people experiencing a mental health or substance use crisis. Defines access center as a coordinated provision of intake assessment, screening for co-occurring conditions, care coordination, crisis stabilization residential services, subacute mental health services and substance abuse treatment for persons experiencing a mental health or substance abuse crisis who do not need inpatient psychiatric hospital treatment, but who do need significant amounts of supports and services not available in other home and community-based settings. This bill does not change the delivery of services provided at an access center to fit within current regulatory requirements. This bill is still alive.

13. New Business

None

14. Adjourn

Motion to adjourn

By Tom Broeker

Second Chris Ball

Motion passes

Minutes submitted by Marc Lindeen, Secretary, March 25, 2021. MLsb