

**Mental Health Agency of Southeast Iowa (MHASEI)**

APPANOOSE, DAVIS, DES MOINES, HENRY, JEFFERSON, KEOKUK, LEE, LOUISA, MAHASKA, MONROE, VAN BUREN, WAPELLO & WASHINGTON COUNTIES

**FY25 Annual Service & Budget Plan**

**Submitted**

**3/20/2024**

**Geographic Area**:

**Appanoose, Davis, Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Mahaska, Monroe, Van Buren, Wapello & Washington Counties**

**Approved by Advisory Board:**

**Children 3/14/2024**

**Adult 3/20/2024**

**Approved by Governing Board:**

**3/20/2024**

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# Introduction

Mental Health Agency of Southeast Iowa (MHASEI) was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 225C.57.  The Annual Service and Budget Plan is a component of the Management Plan which includes three parts:  Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2025 Annual Service and Budget Plan covers the period of July 1, 2024, to June 30, 2025. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

There are no anticipated changes in geographic spaces of the region in FY2025 unless it is identified as advantageous to modify structures of the Region as the landscape of the Behavioral Health system changes away from Regions to District Administrative Service Organizations. The MHASEIGoverning Board is comprised of designated member county Board of Supervisors, an adult or adult family member lived experience representative, a children’s family member lived experience representative, a representative from the educational system, an adult service provider representative, a Children’s service provider representative, a judicial representative, and a law enforcement representative. The MHASEI Governing Board functions as a political subdivision in its efforts of Mental Health and Disability Services and complies with all laws and rules applicable to public meetings and disclosure of information.

The MHASEIGoverning Board appoints membership to four distinct advisory committees as identified below:

**The Adult Advisory Committee**, as appointed by the Governing Board, shall have a minimum of 5 members. The committee members shall be: adults who utilize services or actively involved relatives of such individuals, service providers, and others as identified by the Governing Board. The Governing Board will be represented at the adult advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Adult Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Adult Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of an Adult Advisory Director position that requires Adult Advisory committee designation.

**The Children’s Advisory Committee**, as appointed by the Governing Board, shall have a minimum of 10 members. The committee members shall be: parents of children who utilize services or actively involved relatives of such children, a member of the education system, an early childhood advocate, a child welfare advocate, a children's behavioral health service provider, a member of the juvenile court, a pediatrician/Medical Professional, a child care provider, a local law enforcement representative and a regional Governing Board Member. The Governing Board will also be represented at the children’s advisory committee meetings by the Chief Executive Officer or designate to act in a supportive role to the Children’s Advisory Committee members via communicating procedural requirements, assisting in information finding, and advising on relevant matters pertaining to the work of the Region. The Children’s Advisory Committee shall advise the Governing Board as requested by the Governing Board and shall make designations to the Governing Board as requested due to vacancy of a Children’ Advisory Director position that requires Children’s Advisory committee designation.

**The Elected Official Advisory Committee**, as appointed by the Governing Board, shall have one designated elected official from each member county. The Elected Official Committee shall advise the Governing Board as requested by the Governing Board and shall also make designations to the Governing Board to accommodate the six (6) Elected Official Directors allowable by Iowa Code 225C and as per any prescribed processes thereof.

**The Region Finance Committee,** as appointed by the Governing Board, shall have at minimum two elected officials, two provider representatives, two individuals with lived experience or family representatives thereof, the CEO, and Region assigned financial/operational administrator(s). The role of the Finance Committee is to review budgetary financial matters of the Merged Region and advise the Region Governing Board of budget development and financial risk management strategies while adhering to the mandates of the Region and obligations as specified in the Department of Health and Human Services Performance Based Contract.

\*Description of governing board and advisory boards provided in Appendix A attached.

# A. Local Access Points

An access point is a part of the MHASEI service system trained to complete MHDS regional applications for persons with a disability.

MHASEI has designated the following access points for adult mental health and disability services.

|  |  |  |
| --- | --- | --- |
| **Access Point** | **Location** | **Contact Information** |
| Appanoose | 209 E Jackson Street  Centerville, IA 52544 | 641-856-2085 |
| Davis | 712 S. West  Bloomfield, IA 52537 | 641-664-1993 |
| Des Moines | 910 Cottonwood, Suite 1000  Burlington, IA 52601 | 319-754-8556 |
| Henry | 106 E Clay St.  Mt Pleasant, IA 52641 | 319-385-4050 |
| Jefferson | Courthouse, 51 E. Briggs  Fairfield, IA 52556 | 641-472-8637 |
| Keokuk | 615 South Jefferson St.  Sigourney, IA 52591 | 641-622-2383 |
| Lee | 307 Bank St. PO Box 937  Keokuk, IA 52632 | 319-524-1052 |
| Louisa | 503 Franklin St., Suite 1  Wapello, IA 52653 | 319-523-5125 |
| Mahaska | 301 1st Avenue E.  Oskaloosa, IA 52577 | 641-673-0410 |
| Monroe | 1801 S B Street  Albia, IA 52531 | 641-932-2427 |
| Van Buren | 404 Dodge Street, Courthouse  Keosauqua, IA 52565 | 641-919-6776 |
| Wapello | 110 E. Main  Ottumwa, IA 52501 | 641-683-4576 |
| Washington | 2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353 | 319-653-7751 |

MHASEI has designated the following access points for children’s behavioral health services.

|  |  |  |
| --- | --- | --- |
| **Access Point** | **Location** | **Contact Information** |
| Appanoose | 209 E. Jackson Street  Centerville, IA 52544 | 641-856-2085 |
| Davis | 712 S. West  Bloomfield, IA 52537 | 641-664-1993 |
| Des Moines | 910 Cottonwood, Suite 1000  Burlington, IA 52601 | 319-754-8556 |
| Henry | 106 E Clay St.  Mt Pleasant, IA 52641 | 319-385-4050 |
| Jefferson | Courthouse, 51 E. Briggs  Fairfield, IA 52556 | 641-472-8637 |
| Keokuk | 615 South Jefferson St.  Sigourney, IA 52591 | 641-622-2383 |
| Lee | 307 Bank St. PO Box 937  Keokuk, IA 52632 | 319-524-1052 |
| Louisa | 503 Franklin St., Suite 1  Wapello, IA 52653 | 319-523-5125 |
| Mahaska | 301 1st Ave. E.  Oskaloosa, IA 52577 | 641-673-0410 |
| Monroe | 1801 S B Street  Albia, IA 52531 | 641-932-2427 |
| Van Buren | 404 Dodge Street, Courthouse  Keosauqua, IA 52565 | 641-919-6776 |
| Wapello | 110 E. Main  Ottumwa, IA 52501 | 641-683-4576 |
| Washington | 2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353 | 319-653-7751 |

# B. Service Coordination and Targeted Case Management

The following agencies provide service coordination and/or targeted case management for MHASEI.

|  |  |  |  |
| --- | --- | --- | --- |
| **Service Coordination Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| Appanoose | Adult | 209 E. Jackson Street  Centerville, IA 52544 | 641-856-2085 |
| Counseling Associates | Adult | 1014 Ave H  Fort Madison, IA 52627 | 319-372-8045  Fax: 319-372-2459 |
| Davis | Adult | 712 S. West  Bloomfield, IA 52537 | 641-664-1993 |
| Des Moines | Adult | 910 Cottonwood, Suite 1000  Burlington, IA 52601 | 319-754-8556 |
| First Resources | Adult | 204 S Jefferson Suite 103,  Mount Pleasant, IA 52641 | 641-954-7244  Fax: 641-201-4342 |
| Henry | Adult | 106 E Clay St.  Mt Pleasant, IA 52641 | 319-385-4050 |
| Hillcrest | Both | 218 N 2nd St.  Wapello, IA 52653 | 319-527-4455  Fax: 319-527-4458 |
| Jefferson | Adult | Courthouse, 51 E. Briggs  Fairfield, IA 52556 | 641-472-8637 |
| Keokuk | Child | 615 South Jefferson St.  Sigourney, IA 52591 | 641-622-2383 |
| Lee | Adult | 307 Bank St. PO Box 937  Keokuk, IA 52632 | 319-524-1052 |
| Louisa | Adult | 2175 Lexington Blvd. Bldg. #2, PO Box 902 Washington, IA 52353 | 319-653-7751 |
| Mahaska | Adult | 301 1st Avenue E.  Oskaloosa, IA 52577 | 641-673-0410  Website: |
| Monroe | Adult | 1801 South B Street  Albia, IA. 52531 | 641-932-2427 |
| Southern Iowa Mental Health Center | Both | 1527 Albia Rd  Ottumwa, IA 52501 | 641-682-8772  Website: www.simhcottumwa.org |
| Van Buren | Adult | Courthouse, 51 E. Briggs  Fairfield, IA 52556 | 641-472-8637 |
| Wapello | Adult | 110 E. Main  Ottumwa, IA 52501 | 641-683-4576  Website: |
| Washington | Adult | 2175 Lexington Blvd. Bldg. #2, PO Box 902Washington, IA 52353 | 319-653-7751 |
| Young House Family Services | Child | 400 South Broadway St  Burlington, IA 52601 | 319-752-4000  Fax: 319-758-6650 |
| Wellpoint | Both | 4800 Westown Parkway Suite 200  West Des Moines, IA 50266 | 800-600-4441  Fax: 844-556-6121  Website: www.wellpoint.com/ia/medicaid |
| Iowa Total Care | Both | 1080 Jordan Creek Parkway  Suite 100 South  West Des Moines, IA 50266 | 800-735-2942  Fax: 844-536-2997  Website: www.iowatotalcare.com |
| Molina | Both | 500 SW 7th St. Suite 304  Des Moines, IA 50315 | 844-236-0894  Website: www.molinahealthcare.com |
| DHS Case Management | Both | 400 SW 8th St.  Des Moines, IA 50319 | 515-242-6877 |

\**This lists service coordination and targeted case management options regardless of whether funded by Region, Medicaid (including IHH and MCO), or third-party insurance.*

# C. Crisis Planning

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

**24 Hour Crisis Response**

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| Counseling Associates | 1014 Ave H, Fort Madison, IA 52627  1522 Morgan St, Keokuk, IA 52632 | 319-372-7689  319-524-0510 |
| Hillcrest | 106 N Jackson, Mount Pleasant, IA 52641  218 N 2nd St, Wapello, IA 52653  2175 Lexington Blvd Building 2, Washington, IA 52353 | 319-385-7177  319-527-5455  319-653-6161 |
| Optimae | 823 N. 6th St.Suite 2, Burlington, IA 52601  301 West Burlington Avenue, Fairfield, IA 52556  509 Avenue F Ft., Madison, IA 52627  605 East Winfield Avenue, Mt. Pleasant, IA 52641  206 Bank St, Keokuk, IA 52632  401 Westview Ct., Suite 2, Washington, IA 52353  226 W Main St, Suite 405, Ottumwa IA 52501 | 319-237-1732  641-472-5771  319-372-3566  319-385-2830  319-524-5106  319-653-6571  641-684-6441 |
| River Hills Community Health Center | 300 West Kelly St, Sigourney, IA 52591 | 641-224-8061 |
| Southern Iowa Mental Health Center | 1527 Albia Rd, Ottumwa, IA 52501 | 641-682-8772 |

**24 Hour Crisis Hotline**

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| Southern Iowa Mental Health | 1527 Albia Rd  Ottumwa, IA 52501  Online: [www.simhcottumwa.org](http://www.simhcottumwa.org) | 641-682-8772 |
| Your life Iowa | Online: <https://yourlifeiowa.org/> | Call: 855-581-8111  Text: 855-895-8398 |
| Foundation 2 | 305 2nd Ave SE  Cedar Rapids, IA 52401 | 988 |

**Crisis Evaluation**

|  |  |  |  |
| --- | --- | --- | --- |
| **Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| Counseling Associates | Both | 1014 Ave H  Fort Madison, IA 52627  1522 Morgan St  Keokuk, IA 52632 | 319-372-7689  319-524-0510 |
| GuideLink Center | Adult | 300 Southgate Ave.  Iowa City, IA 52240 | 319-688-8000 |
| Hillcrest | Both | 106 N Jackson, Mount Pleasant, IA 52641  218 N 2nd St, Wapello, IA 52653  2175 Lexington Blvd Building 2, Washington, IA 52353 | 319-385-7177  319-527-5455  319-653-6161 |
| Integrated Telehealth Partners (ITP) | Both | EDs-Mercy Medical Centerville, Mahaska Health, Monroe County Hospital, Ottumwa Regional Hospital | 641-437-4111  641-672-3100  641-932-2134  641-684-2300 |
| Optimae | Both | Offices and EDs-Ft. Madison Community Hospital, Jefferson County Health Center, Southeast Iowa Medical Center, Van Buren County Hospital, Keokuk County Health Center | 641-472-5771 |
| River Hills Community Health Center | Both | 300 West Kelly St  Sigourney, IA 52591 | 641-224-8061 |
| Southern Iowa Mental Health | Both | 1527 Albia Rd.  Ottumwa, IA 52501 | 641-682-8772  Website: www.simhcottumwa.org |

**Mobile Response**

|  |  |  |  |
| --- | --- | --- | --- |
| **Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| Elevate | Both | 405 E. 5th St.  Waterloo, IA 50703 | 855-581-8111  988  833-370-0719  Website:  [www.elevateccbhc.org](http://www.elevateccbhc.org) |
| Southern Iowa Mental Health | Both | 1527 Albia Rd  Ottumwa, IA 52501 | 855-581-8111  988  1-844-430-8520  Website:  [www.simhcottumwa.org](http://www.simhcottumwa.org) |

**Crisis Stabilization Community-Based Services**

|  |  |  |  |
| --- | --- | --- | --- |
| **Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| American Home Finding Association | Child | 6941 Ashland Road  Agency, IA 52530 | 641-937-5272  Website: [www.ahfa.org](http://www.ahfa.org) |
| Elevate | Both | 405 E. 5th St.  Waterloo, IA 50703 | 833-370-0719  Website: [www.elevateccbhc.org](http://www.elevateccbhc.org) |
| Southern Iowa Mental Health | Both | 1527 Albia Rd  Ottumwa, IA 52501 | 1-844-430-8520  Website:  [www.simhcottumwa.org](http://www.simhcottumwa.org) |

**Crisis Stabilization Residential Services**

|  |  |  |  |
| --- | --- | --- | --- |
| **Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| American Home Finding Association | Child | 6941 Ashland Road  Agency, IA 52530 | 641-937-5272  Website:  www.ahfa.org |
| GuideLink Center | Adult | 300 Southgate Ave.  Iowa City, IA 52240 | 319-688-8000 |
| Imagine the Possibilities-Hope Haven | Adult | 828 North 7th St.  Burlington, IA 52601 | 319-209-2066 |
| Southern Iowa Mental Health | Adult | 1527 Albia Rd.  Ottumwa, IA 52501 | 641-682-8772  Website: www.simhcottumwa.org |

**23-Hour Observation**

|  |  |  |  |
| --- | --- | --- | --- |
| **Provider** | **Adult/Child/Both** | **Location** | **Contact Information** |
| GuideLink Center | Adult | 300 Southgate Ave.  Iowa City, IA 52240 | 319-688-8000 |
| Southern Iowa Mental Health Center | Adult | 1527 Albia Rd  Ottumwa, IA 52501 | 641-682-8772  Website: www.simhcottumwa.org |

MHASEIrecognizes the above identified service providers as preferred. Residents of the MHASEImay also access other core crisis services outside of the regionwith accredited contracted service providers of other MHDS Regions. The method of reimbursement for MHASEInon-contracted providers is on a Medicaid fee for service rate as identified by IME. In the event that there are additional costs associated with the above aforementioned crisis services that need to be addressed between regions, MHASEIwill pursue Memorandum of Understandings with the host Region and/or designating Regions.

# D. Intensive Mental Health Services

The region has designated the following provider(s) as an **Access Center** that meets the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| GuideLink Center | 300 Southgate Ave.  Iowa City, IA 52240 | 319-688-8000 |
| Southern Iowa Mental Health Center | 1527 Albia Rd  Ottumwa, IA 52501 | 641-682-8772 |

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| UIHC | 200 Hawkins Dr.  Iowa City IA 52242 | 319-356-1616 |
| Southern Iowa Mental Health Center | 1527 Albia Rd  Ottumwa, IA 52501 | 641-682-8772 |

The region has designated the following **Subacute** service provider which meets the criteria and are licensed by the Department of Inspections and Appeals.

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| Southern Iowa Mental Health Center | 1527 Albia Rd  Ottumwa, IA 52501 | 641-682-8772 |

The region has designated the following **Intensive Residential Service** provider which have been designated and meet the requirements in IAC 441—25.6(8):

|  |  |  |
| --- | --- | --- |
| **Provider** | **Location** | **Contact Information** |
| First Resources | Burlington Iowa | 641-682-8114  Fax: 319-205-1004 |

# E. Scope of Services & Budget and Financing Provisions

The table below identifies the scope of services offered by MHASEI. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements found in Section F of MHASEI’sPolicy and Procedure Manual, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name. Eligibility guidelines for children’s behavioral health services are located in Section F, page 20 of MHASEI’sPolicy and Procedure Manual. The Policy and Procedure Manual can be found online at: <https://dhs.iowa.gov/mhds-providers/providers-regions/regions/policies-procedures> or <https://mhasei.org/>

The region will utilize braided funding that includes regional, state, and other funding sources to meet the service needs within the region. Federal funding, third-party payors, and other non-governmental funding is to be used prior to expending regional service payment dollars received from the state appropriations.

## Table A. Expenditures

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **FY 2025 Budget** | **MHASEI MHDS Region** | **MI (40)** | **ID(42)** | **DD(43)** | **BI (47)** | **Admin (44)** | **Total** |
|  |  |  |  |  |  |  |  |
| **Core Domains** |  |  |  |  |  |  |  |
| **COA** | **Treatment** |  |  |  |  |  |  |
| 42305 | Mental health outpatient therapy \*\* | 15,000 | - | - | - |  | 15,000 |
| 42306 | Medication prescribing & management \*\* | 5,000 | - | - | - |  | 5,000 |
| 43301 | Assessment, evaluation, and early identification \*\* | 10,000 | - | - | - |  | 10,000 |
| 71319 | Mental health inpatient therapy-MHI | 536,050 | - | - | - |  | 536,050 |
| 73319 | Mental health inpatient therapy \*\* | 43,183 | - | - | - |  | 43,183 |
|  | **Crisis Services** |  |  |  |  |  |  |
| 32322 | Personal emergency response system | - | - | - | - |  | - |
| 44301 | Crisis evaluation | 292,790 | - | - | - |  | 292,790 |
| 44302 | 23 hour crisis observation & holding | 29,129 | - | - | - |  | 29,129 |
| 44305 | 24 hour access to crisis response | 223 | - | - | - |  | 223 |
| 44307 | Mobile response \*\* | 1,212,720 | - | - | - |  | 1,212,720 |
| 44312 | Crisis Stabilization community-based services \*\* | 55,312 | - | - | - |  | 55,312 |
| 44313 | Crisis Stabilization residential services \*\* | 461,081 | - | - | - |  | 461,081 |
| 44379 | System building & sustainability - Crisis | 300,000 | - | - | - |  | 300,000 |
| 44396 | Access Centers: start-up / sustainability | 1,044,850 | - | - | - |  | 1,044,850 |
|  | **Support for Community Living** |  |  |  |  |  |  |
| 32320 | Home health aide | - | - | - | - |  | - |
| 32325 | Respite | - | - | - | - |  | - |
| 32328 | Home & vehicle modifications | - | - | - | - |  | - |
| 32329 | Supported community living | 53,184 | - | - | - |  | 53,184 |
| 42329 | Intensive residential services | 881,218 | - | - | - |  | 881,218 |
|  | **Support for Employment** |  |  |  |  |  |  |
| 50362 | Prevocational services | 5,000 | - | - | - |  | 5,000 |
| 50364 | Job development | 5,000 | - | - | - |  | 5,000 |
| 50367 | Day habilitation | 5,000 | - | 4,067 | - |  | 9,067 |
| 50368 | Supported employment | 51,280 | - | 7,796 | - |  | 59,076 |
| 50369 | Group Supported employment-enclave | 2,716 | - | - | - |  | 2,716 |
| 50379 | System building & sustainability - IPS & Vocational | 64,168 | - | - | - |  | 64,168 |
|  | **Recovery Services** |  |  |  |  |  |  |
| 45323 | Family support | 5,000 | - | - | - |  | 5,000 |
| 45366 | Peer support | 5,000 | - | - | - |  | 5,000 |
|  | **Service Coordination** |  |  |  |  |  |  |
| 21375 | Case management | - | - | - | - |  | - |
| 24376 | Health homes | 2,102 | - | - | - |  | 2,102 |
|  | **Sub-Acute Services** |  |  |  |  |  |  |
| 63309 | Subacute services-1-5 beds | - | - | - | - |  | - |
| 64309 | Subacute services-6 and over beds | - | - | - | - |  | - |
|  | **Core Evidenced Based Treatment** |  |  |  |  |  |  |
| 04422 | Education & Training Services - provider competency | 25,000 | - | - | - |  | 25,000 |
| 32379 | System building & sustainability - Supported housing | 56,475 | - | - | - |  | 56,475 |
| 32396 | Supported housing | 212,384 | - | - | - |  | 212,384 |
| 42398 | Assertive community treatment (ACT) | 350,000 | - | - | - |  | 350,000 |
| 45373 | Family psychoeducation | 5,000 | - | - | - |  | 5,000 |
| 45379 | System building & sustainability - FPE & Recovery Svcs | 10,000 | - | - | - |  | 10,000 |
|  | **Core Domains Total** | **$5,743,865** | **-** | **$11,863** | **-** |  | **$5,755,728** |
| **Mandated Services** |  |  |  |  |  |  |  |
| 46319 | Oakdale | - | - | - | - |  | - |
| 72319 | State resource centers | - | - | - | - |  | - |
| 74XXX | Commitment related (except 301) | 149,947 | - | - | - |  | 149,947 |
| 75XXX | Mental health advocate | 303,005 | - | - | - |  | 303,005 |
|  | **Mandated Services Total** | **$452,952** | **-** | **-** | **-** |  | **$452,952** |
| **Additional Core Domains** |  |  |  |  |  |  |  |
|  | **Justice system-involved services** |  |  |  |  |  |  |
| 25xxx | Coordination services | 387,151 | - | - | - |  | 387,151 |
| 25378 | Contracted coordination services | - | - | - | - |  | - |
| 44346 | 24 hour crisis line\* | - | - | - | - |  | - |
| 44366 | Warm line\* | - | - | - | - |  | - |
| 46305 | Mental health services in jails | - | - | - | - |  | - |
| 46398 | Outpatient Competency Restoration | 57,515 | - | - | - |  | 57,515 |
| 46399 | Justice system-involved services-other | - | - | - | - |  | - |
| 46422 | Crisis prevention training | 131,095 | - | - | - |  | 131,095 |
| 46425 | Mental health court related costs | - | - | - | - |  | - |
| 74301 | Civil commitment prescreening evaluation | - | - | - | - |  | - |
|  | **Additional Core Evidenced based treatment** |  |  |  |  |  |  |
| 42366 | Peer Wellness / Wellness and Recovery Centers | 1,106,405 | - | - | - |  | 1,106,405 |
| 42379 | System building & sustainability - Non crisis | - | - | - | - |  | - |
| 42397 | Psychiatric rehabilitation (IPR) | - | - | - | - |  | - |
|  | **Additional Core Domains Total** | **$1,682,166** | **-** | **-** | **-** |  | **$1,682,166** |
| **Other Informational Services** |  |  |  |  |  |  |  |
| 03371 | Information & referral | 308,636 | - | - | - |  | 308,636 |
| 04372 | Planning, consultation &/or early intervention (client related) \*\* | 250,125 | - | - | - |  | 250,125 |
| 04377 | Provider Incentive Payment | - |  |  |  |  | - |
| 04399 | Consultation Other | - | - | - | - |  | - |
| 04429 | Planning and Management Consultants (non-client related) | 14,485 | - | - | - |  | 14,485 |
| 05373 | Public education, prevention and education \*\* | 120,509 | - | - | - |  | 120,509 |
|  | **Other Informational Services Total** | **$693,755** | **-** | **-** | **-** |  | **$693,755** |
| **Community Living Supports** |  |  |  |  |  |  |  |
| 06399 | Academic services | - | - | - | - |  | - |
| 22XXX | Services management | 972,909 | - | - | - |  | 972,909 |
| 22378 | Contracted services management | - | - | - | - |  | - |
| 23376 | Crisis care coordination | - | - | - | - |  | - |
| 23378 | Contracted crisis care coordination | - | - | - | - |  | - |
| 23399 | Crisis care coordination other | - | - | - | - |  | - |
| 24399 | Health home other | - | - | - | - |  | - |
| 31XXX | Transportation | 2,594 | - | - | - |  | 2,594 |
| 32321 | Chore services | - | - | - | - |  | - |
| 32326 | Guardian/conservator | - | - | - | - |  | - |
| 32327 | Representative payee | - | - | - | - |  | - |
| 32335 | CDAC | - | - | - | - |  | - |
| 32399 | Other support | - | - | - | - |  | - |
| 33330 | Mobile meals | - | - | - | - |  | - |
| 33340 | Rent payments (time limited) | 43,172 | - | - | - |  | 43,172 |
| 33345 | Ongoing rent subsidy | - | - | - | - |  | - |
| 33399 | Other basic needs | 4,266 | - | - | - |  | 4,266 |
| 41305 | Physiological outpatient treatment | 166 | - | - | - |  | 166 |
| 41306 | Prescription meds | - | - | - | - |  | - |
| 41307 | In-home nursing | - | - | - | - |  | - |
| 41308 | Health supplies | - | - | - | - |  | - |
| 41399 | Other physiological treatment | - | - | - | - |  | - |
| 42309 | Partial hospitalization | - | - | - | - |  | - |
| 42310 | Transitional living program | - | - | - | - |  | - |
| 42363 | Day treatment | - | - | - | - |  | - |
| 42396 | Community support programs | - | - | - | - |  | - |
| 42399 | Other psychotherapeutic treatment | - | - | - | - |  | - |
| 43399 | Other non-crisis evaluation | - | - | - | - |  | - |
| 44304 | Emergency care | - | - | - | - |  | - |
| 44399 | Other crisis services | - | - | - | - |  | - |
| 45399 | Other family & peer support | - | - | - | - |  | - |
| 46306 | Psychiatric medications in jail | - | - | - | - |  | - |
| 50361 | Vocational skills training | - | - | - | - |  | - |
| 50365 | Supported education | - | - | - | - |  | - |
| 50399 | Other vocational & day services | - | - | - | - |  | - |
| 63XXX | RCF 1-5 beds *(63314, 63315 & 63316)* | - | - | - | - |  | - |
| 63XXX | ICF 1-5 beds *(63317 & 63318)* | - | - | - | - |  | - |
| 63329 | SCL 1-5 beds | - | - | - | - |  | - |
| 63399 | Other 1-5 beds | - | - | - | - |  | - |
|  | **Community Living Supports** | **$1,023,106** | **-** | **-** | **-** |  | **$1,023,106** |
| **Other Congregate Services** |  |  |  |  |  |  |  |
| 50360 | Work services (work activity/sheltered work) | - | - | - | - |  | - |
| 64XXX | RCF 6 and over beds *(64314, 64315 & 64316)* | 316,824 | - | - | - |  | 316,824 |
| 64XXX | ICF 6 and over beds *(64317 & 64318)* | - | - | - | - |  | - |
| 64329 | SCL 6 and over beds | - | - | - | - |  | - |
| 64399 | Other 6 and over beds | - | - | - | - |  | - |
|  | **Other Congregate Services Total** | **$316,824** | **-** | **-** | **-** |  | **$316,824** |
| **Administration** | |  |  |  |  |  |  |
| 11XXX | Direct Administration |  |  |  |  | 590,674 | 590,674 |
| 12XXX | Purchased Administration |  |  |  |  | 189,503 | 189,503 |
|  | **Administration Total** |  |  |  |  | **$780,176** | **$780,176** |
|  |  |  |  |  |  |  |  |
|  | **Regional Totals** | **$9,912,669** | **-** | **$11,863** | **-** | **$780,176** | **$10,704,708** |
|  |  |  |  |  |  |  |  |
| **(45XX-XXX)County Provided Case Management** |  |  |  |  |  |  | - |
| **(46XX-XXX)County Provided Services** |  |  |  |  |  |  | - |
|  |  |  |  |  |  |  |  |
|  | **Regional Grand Total** |  |  |  |  |  | **$10,704,708** |

## Table B. Revenues

|  |  |  |  |
| --- | --- | --- | --- |
| **FY 2025 Budget** | **MHASEI MHDS Region** |  |  |
| **Revenues** |  |  |  |
|  | **Projected Fund Balance as of 6/30/24** |  | **$390,391** |
|  | **Local/Regional Funds** |  | **$100,001** |
| 1010 | Delinquent Property Tax |  |  |
| 25XX | Other Governmental Revenues | 25,000 |  |
| 4XXX-5XXX | Charges for Services |  |  |
| 5310 | Client Fees | 14,866 |  |
| 60XX | Interest | 49,502 |  |
| 6XXX | Use of Money & Property |  |  |
| 8XXX | Miscellaneous | 10,633 |  |
| 9040 | Other Budgetary Funds (Polk Transfer Only) |  |  |
|  |  |  |  |
|  | **State Funds** |  | **$10,214,316.00** |
| 24XX | State/Federal pass thru Revenue |  |  |
| 2644 | State Regional Service Payments | 10,214,316 |  |
| 2644 | State Regional Service Payments (Refund to State) |  |  |
| 2643 | State Incentive Funds |  |  |
|  | Other |  |  |
|  | **Federal Funds** |  | **-** |
| 2345 | Medicaid |  |  |
|  | Other |  |  |
|  | **Total Revenues** |  | **$10,314,317** |
|  |  |  |  |
|  | **Total Funds Available for FY2025** | **$10,704,708** |  |
|  | **FY25 Projected Regional Expenditures** | **$10,704,708** |  |
|  | **Accrual Fund Balance as of 6/30/2025** | **$(0)** |  |

# G. Financial Forecasting Measures

The following is a description of the financial forecasting measures used byMHASEIin the identification of service need and funding necessary for services.

MHASEI will use historical internal accounting and service data from the legacy region’s data warehouse, most recent MHASEI data warehouse, and various other CSN queries. Additionally, MHASEIwill seek out corresponding external market and economic indicators from other sources to engage in financialforecasting and industry requirements to be competitive for limited workforce capacity in our micropolitan and rural areas. Reimbursement rates for Medicaid funded services within and outside the state of Iowa have also been accounted for in the Region negotiation processes.

MHASEIwill be focused on creating/maintaining an effective continuum of care for our region residents given the availability of resources to accomplish this goal and to solidly pave the path for the new Behavioral Health System that will replace the work of Regions. MHASEI intends to continue to bolster our efforts with regional partners to accomplish service availability mandates in the most cost effective and population useful means possible. With the development of CCBHCs in full effort and the changing landscape of provider footprints in geographic spaces, MHASEI is and will strive to develop optimum partnerships and points of contact between and amongst providers using Region contractual agreements and service workflow processes. MHASEI will need to be highly attuned to the changes that are being pursued by HHS, provider realignments to future service business obligations/processes, and system structures in this final year of Performance-Based Contracting with HHS. MHASEI also obligates itself to continue to perform the requisites of Region work through the final phase of Region dismantlement and the subsequent initiation of District Behavioral Health- Administrative Service Organization (ASO) initiation.

In these endeavors, MHASEI will continue to adhere to the prescribed resource limits synchronized with the Medicaid standards ($2000/$3000) and eligibility-based services will be preauthorized with the standard of 150% Federal Poverty Level (FPL) for all adult services with the exception of 200% FPL for outpatient services). Regarding Children’s eligibility-based services, MHASEIwill adhere to Iowa Code of up to 500% FPL.

Related to Core Services, MHASEIhas issued RFP to expand the geographic reach of Assertive Community Treatment (ACT) and to secure an additional Intensive Residential Service Home (IRSH) to meet the population distribution quota of MHASEI’s obligation to the 120 beds presently in Iowa Code. These were services that were anticipated and budgeted for by MHASEI in FY2024 however could financially obligate itself into FY2025 depending on RFP responses and timelines for service opening. Encumbrance of funds from FY2024 may be a tool necessary to accomplish this task, but again, this is predicated on RFP responses and timelines.

The full anticipated Revenue of MHASEI will be budgeted for in the anticipated conclusion of Region obligated dollars to cover services as identified in the Region Expenditure and Revenue tables above. Any additions and/or reductions in service for FY2025 within MHASEI will be based on the projected timeframes and cost for startup and sustainability of the above identified core services as well as the service providers capacity to maintain existing services given their potential new obligations to the state. With the anticipated “go live” of CCBHCs July 1, 2024, (given the approval of Iowa’s demonstration grant) there may be difficulties in covering all services previously available and the additional services required of CCBHCs (directly provided and/or provided by a Designated Collaborating organization (DCO). Any such changes will be reported in the Regions Quarterly Report to HHS.

It is also to be noted that at time of submission of this Annual Service and Budget Plan, many things regarding the form and function of ASOs and/or the Behavioral Health system of care in FY2026 is unknown. The security of Region designated employment as known at this time is only ensured through June 30, 2025. The Region runs the risk of Region staff seeking other secure employment opportunities which in turn may increase administrative obligations in the form of payout of employee benefits. Such occurrences may play out incrementally throughout the fiscal year or with a final dismissal from employment in the final days. No matter the trend, expenditures related to these occurrences are the obligation of the Region and no other funds are currently available to transfer those obligations except through legislative direction. This is the cumulation of the outstanding liability sited in each of the annual audits of the legacy South Central Behavioral Health (SCBHR) Region, legacy Southeast Iowa Link (SEIL) Region, and the anticipated FY24 MHASEI audit. For all the reasons indicated above, a projection of ending fund balance cannot be ascertained at this time. The uncertainty of internal and external changes, timelines of change, and unspecified constructs of the Behavioral Health System moving forward in FY2026 create variables without financial capacity for measure at this time.

# H. Provider Reimbursement Provisions

The following is a description of the types of funding used by MHASEI.

* Fee-for-Service:

MHASEI will contract with MHDS providers whose base of operation is within the region. The Region may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. In general, the Medicaid rate will be applicable to services when accessed by individuals that meet region eligibility/responsibility. Identification of persons served will be required of providers that bill the region for service on a Fee-for-Service basis. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs, and crisis services.

* Block grant payments:

MHASEI continues to migrate away from the use of Block Grant funding to become more aligned with the financing structures for service on a statewide basis. There are several services in which the “cost of preparedness” (also known as gap funding) will be captured in more succinct processes across those identified services and the providers thereof. Those identified services include: Access Center, Mobile Crisis Response/Co-responder model/dispatch, 23-hour Observation, Crisis Stabilization Community-Based Services, Crisis Stabilization Residential Services, Drop-in Centers, Intensive Residential Service Homes (IRSH), and some Planning and or Consultation Services (client), Planning and Management Consultants (non-client) and Public Education Services. When applicable, identification of persons served will be required from these identified providers in their invoicing practices to capture specific information on persons served by diagnostic code utilizing contracted cost of preparedness fee structures. MHASEI will also engage in MOUs with region partners in which the regions have designated specified services. In these instances, the cost of preparedness may be identified to address the associated cost for service availability and access.

* System of Care Approach:

A system of care financing approach that is confined to a specified service type rather than a case rate system is only used as related to IHH services on a per member, per month rate and for the funding mechanisms of ACT which the nature of the service delivery is a team approach in which the person’s Individual Treatment Plan is created, maintained, implemented, and modified internally by the ACT team providing an intensive community-based, evidence-based service. System of care approaches to a larger/wider array are difficult due to the frequent blending of funds from different sources and the necessity of Regions to ensure that the state allocated funds to Regions are not supplanting Medicaid dollars that have a higher return on investment for Iowa taxpayers.

* Use of non-traditional providers:

When a non-traditional provider arrangement is more appropriate than a Fee-for-Service approach with a contracted provider, the Coordinators of Disability Services will work with the region’s CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer’s home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses that do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus and are initiated when there is a reasonable likelihood that such services will benefit the consumer’s functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer’s stated goals or outcomes. A request for funding can be made by any consumer, or the consumer’s authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation, or other state approval standards.

* Incorporation of all funding sources for individuals including Medicaid:

MHASEI is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. The Region will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare, and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.

* Medicaid Resource Allowance:

MHASEI will use the same standardized guidelines for resource allowances as Medicaid ($2000/$3000).

MHASEI will be the funder of last resort; however, the Region clearly identifies our role in our local communities and the larger ecosystem of Mental Health and Disability Services as a local access to address individualized need. In this role, the region will be readily accessible to the public in each of our counties, assist individuals in navigating the complexity of the service system and assist with resources in local communities that are contributing factors to the health and wellbeing of individuals and families. Within the Medicaid system these resources strongly link to the social determinants of health that Managed Care Organizations collect and analyze based on their assigned beneficiaries. MHASEI will assume the role of the boots on the ground that directly connect ALL individuals and families to the resources they need in order to improve and successfully support the individualized treatment outcomes. Engaging these processes and assistance in acquiring other benefits/funding options (i.e. Medicaid, Medicare, SNAP, WIC, FIP, Childcare Assistance, Decategorization services, SSI/SSDI, Section 8, General Assistance, LIHEAP, LIHWAP, Workforce Development, IVRS, etc.)

# Appendix A

## Governing Board

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## Adult Advisory Committee

**Codie Amason**, First Resources  
**Becky Montegna**, Optimae Life Services  
**Christina Schark**, Southern Iowa Mental Health Center (Chair)  
**Dewey McConville,** NAMI

**Amy Phillips**, Mercy One Centerville

**Don Phillips**, Wapello County Sheriff  
**Ryanne Wood**, CEO  
**Stephanie Koch**, CDS  
**Staci Veach**, CDS  
**Heather Gross**, CDS  
**Miranda Tucker**, CDS Supervisor

**Sandy Stever**, CDS

**Bobbie Wulf**, CDS

**Sarah Berndt**, CDS

**Tracy Liptak**, Optimae

**Alicia Gaddy,** Infinity Health

**Cheryl Plank**, Imagine the Possibilities

**Susan Woodford,** First Resources

**Stephanie Millard**, First Resources

**Tom Broeker**, Des Moines County Board of Supervisors

**Tricia Lipski**, Lived Experience

**Jennifer Stevenson**, Elevate

**Carol Baiotto-Long**, SEIDA

**Dina Garrison**, Imagine the Possibilities

**Sonny Schroeder**, Monroe County Board of Supervisors

**David Crawford**, Hillcrest

## Children Advisory Committee Cheryll Jones, Children Health Specialty Clinic (Chair) Angie Mach, Sieda/MIECHV Pat McReynolds, ECI Wapello and Mahaska, Wapello Children’s Alliance, CPPC Coordinator

**William Owens**, Judge

**Christina Schark,** Southern Iowa Mental Health Center  
**Lorraine Uehling-Techel,** Family Crisis Center  
**Bev Ver Steegh,** Paula Gordy   
**Becky Zesiger,** Davis County Schools

**Ryanne Wood,** CEO

**Heather Gross,** CDS  
**Miranda Tucker,** CDS Supervisor

**Mark Schneider**, Retired Superintendent

**Linda Boshart**, Great Prairie AEA

**Martha Peterson**, Mt. Pleasant Community School District

**Tasha Beghtol**, ECI Des Moines, Henry, Louisa and Washington

**Tessa Schroeder**, Lee Co. Health Dept.

**Sarah Smith**, Washington Co. Public Health

**Tammy Wetjen-Kesterson**, ECI Jefferson and Keokuk,Decat Jefferson, Keokuk, Van Buren and Washington

**Tamee DeCoursey**, Headstart

**Kris Rankin**, Best You Coalition/SAFE Coalition

**Mike Maher**, Counseling Associates

**Kaitlin Krueger**, Counseling Associates

**Vi Phanthouvong**, Optimae

**Rachel Kunzer**, MUI

**Amy Huntington**,  HHS

**Troy Seeley**, JCO -

**Matt Leclere**, Head Start

**Bradley Gillis**, Mt. Pleasant Police Dept./CIT Trainer

**Jack Seward, Jr.**, Washington County Board of Supervisors

**Tami Gilliland**, Children’s CDS

**Patty Brooks**, Children’s CDS Administrative Assistant

**Amy McLaughlin**, ISU Extension and Outreach

**Agustin Harless**, Fairfied Community School District

**Amanda Rogers**, VanBuren Community School District

**Amy Vandiver**, Community Action of Southeast Iowa

**Elizabeth Webster**, HHS

**Brenda Almack**, Community Health Centers of Southeastern Iowa

**Codie Amason**, First Resources

**Erin Mafra**, Burlington Community School District

**Jen Weidman**, Washington Community School District

**Jocelyn Williams**, Self Reliance

**Joy Szewczyk**, Parent

**Mike Peterson**, Wapello Community School District

**Tricia Lipski**, Parent